

Edward Sun

NCCP#: 716764

Have been involved with rugby for over thirty years and have held various coaching positions. The last eight years has been coaching at the Toronto Scottish Rugby Football Club achieving success in both the women and men's rugby programs. Experienced in working with Provincial level athletes as the head coach with the Rugby Ontario Storm senior women's program in 2012 and 2013. Competent in developing seasonal directives to establish club policies and structures in regards to selections, team based playing systems and athlete development.

Relevant Requisites:

- Member in good standing with Rugby Canada and the Toronto Scottish Rugby Football Club
- World Rugby: Rugby Ready – 2017
- World Rugby: Laws of the Game – 2017
- World Rugby: Concussion Management for the General Public - 2017
- NCCP Level II certified coach – Rugby
- NCCP Level III – Theory and Technical
- Teaching and education background at the tertiary level

Coaching Experience:

Toronto Scottish Rugby Football Club 2007 - 2015

Men's Program – Head Coach – 1st and 2nd Grade 2013 - 2015

- Developed a long-term plan to provide a route in achieving global club success for all men's teams.
- Ensured the lower men's grades had a coaching structure to develop athletes and talent pool within the club.
- Established a fun and challenging playing environment where club, team and individual athlete expectations were understood and complied.
- Installed a selection committee to provide weekly team feedback in order to prepare athletes and respective teams for upcoming weekend competitions in a timely manner.

Men's Program – Head Coach – 3rd Grade 2012-2013

- Focused on developing individual rugby skills for athletes new to the game
- Harnessed pre-existing multisport skills of individuals to develop a team profile to best succeed in the Toronto Rugby Union (TRU) C division.

Men's Program Achievements as Head Coach - 1st Grade

- McCormack Cup finalist – 1st Grade: Scottish v Balmy Beach 2015
- McCormack Cup finalist – 1st Grade: Scottish v Balmy Beach 2014
First time to the McCormack Cup since 1971

Men's Program Achievements as Head Coach - 2nd Grade

- Gee Gage Cup finalist: Scottish v Balmy Beach 2015
- Undefeated league season winning the Hal Rowan Cup 2015
- Gee Gage Cup finalist: Scottish v Balmy Beach 2014
- 2nd XV league winners 2014
- Gee Gage Cup Champions: Scottish v Aurora 2013

Men's Program Achievements as Head Coach – 3rd Grade

- Placed third in the TRU C division 2012
- Finalists in the TRU C division grand final 2012

Toronto Scottish Rugby Football Club**Women's Program – Head Coach – 1st Grade and 2nd Grade 2009-2011**

- Approach the women's program in a holistic way to ensure exposure of all athletes to higher levels of competition.
- Instituted a rotation program on the 1st XV to develop player depth.
- Created a fun-learning environment to allow senior athletes to mentor less experienced or junior athletes in the women's program.

Women's Program Achievements as Head Coach - 1st Grade

- Ontario Women's League (OWL) 1st grade champions: Scottish v Aurora 2011
- OWL 1st grade champions: Scottish v Aurora 2010
- OWL 1st grade champions: Scottish v Irish 2009

Women's Program Achievements as Head Coach - 2nd Grade

- OWL 2nd grade finalists: Scottish v Aurora 2011
- OWL 2nd grade champions – league title 2010
- OWL 2nd grade champions - league title 2009

Provincial Representative Rugby Coaching ExperienceRugby Ontario Storm – Head Coach

2012-2013

- Collaborated with the assistant coaches to adopt strategies and tactics and style of play based on our team profile.
- Worked with the team manager to map out the seasonal training and competition schedule before the National Women's League (NWL) tournament.
- Provided documented individual performance plans (IPP) and feedback to the athletes, based on fitness testing and skills assessments, observations at training and from games played.

Rugby Ontario Program Achievements as Head Coach

- National Women's League (NWL) Tier I – Finalists (Silver) 2013
- NWL Tier I – National Champions (Gold) 2012

Post-Secondary Coaching ExperienceUniversity of Toronto – Varsity Blues Women's Rugby – Head Coach

2010-2012

- Implemented individual performance plans (IPP's) for player development.
- Standardized testing protocols to assess player fitness levels.
- Worked in conjunction with assistant coaches to develop seasonal training programs.
- Hosted community workshops from high schools for coaches and athletes to highlight fundamentals of the rugby game.

University of Toronto Achievements as Head Coach (Women)

2012

- Mobilized the alumni and current players to save the rugby program from being delisted as a varsity sport.
- Presented our case to the associate dean of physical education and the director of athletics based upon: the need for women to participate in sport, the history of the Varsity Blues women's rugby program and its graduates representing the Canadian National Rugby team and the potential to adapt the women's program to meet the emerging trends within international rugby (seven a side rugby).
- Varsity Blues women's program remains a varsity sport.

University of Toronto – Varsity Blues Men's Rugby – Head Coach

2007-2010

- Maintained two men's rugby teams: senior Varsity squad and a junior Varsity squad for new athletes.
- Hosted rugby fundamentals workshops for Intramural Rugby Teams.

University of Toronto Achievements as Head Coach (Men)

2007-2010

- Developed athletes new to the sport in order to grow the program.
- Held open training sessions to allow Intramural rugby players to interact and train with the Varsity team.

Relevant Continuing Education:

University of Toronto – Teaching for Learning and Collaboration Current

- Module 1: Setting the Educational Climate (**completed**)
- Module 2: Identifying Learner Needs and Setting Objectives (**completed**)
- Module 3: Making Learning Stick (**completed**)
- Module 4: Managing a Teaching Session (**completed**)
- Module 5: Checking In (enrolled)
- Module 6: Feedback (**completed**)

Concussions: Science, Policy and Sport (Lecture) Current
(Royal Canadian Institute of Science)

Rugby Canada National Rugby Conference (Mississauga) 2016

NCCP Multisport Module: Developing Athletic Abilities 2016
NB: Full NCCP educational courses are listed in the public transcript
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Job Shadowing: Edinburgh Rugby Pro 12 – Rob Moffat (Head Coach) 2010

Job Shadowing: Scotland U18 – Grant McKelvey (Head Coach) 2010

Job Shadowing: Edinburgh Academicals – Simon Cross (Head Coach) 2010

References:

Available upon request.